

# APRIL 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
<p style="text-align: center;"><u>PLEASE turn over and read full descriptions</u></p> <p>Your next appointment will be:</p> <p><input type="checkbox"/> SCN – Screening / recertification    <input type="checkbox"/> THL- Take home lesson/online</p> <p><input type="checkbox"/> MC – Mid-certification                      <input type="checkbox"/> Class - next class contact</p>				<b>SCN ALL DAY</b>	<b>EASTER HOLIDAY  CLOSED</b>	<b>CLOSED</b>
4	5	6	7	8	9	10
	<b>SCN ALL DAY</b>	<b>SCN ALL DAY LATE</b>	<b>SCN ALL DAY</b>	<b>SCN ALL DAY</b>	<b>SCN ALL DAY 8AM-5PM</b>	<b>SCN &amp; THL 8AM – 2PM</b>
11	12	13	14	15	16	17
	<b>SCN ALL DAY</b>	<b>SCN ALL DAY LATE</b>	<b>SCN ALL DAY</b>	<b>SCN ALL DAY HD STAFF MEET @ 4PM</b>	<b>SCN ALL DAY 8AM-2PM</b>	<b>CLOSED</b>
18	19	20	21	22	23	24
	<b>SCN ALL DAY</b>	<b>SCN ALL DAY LATE</b>	<b>SCN ALL DAY</b>	<b>SCN ALL DAY</b>	<b>SCN ALL DAY 8AM – 2PM</b>	<b>CLOSED</b>
25	26	27	28	29	30	
	<b>SCN ALL DAY</b>	<b>SCN ALL DAY LATE</b>	<b>SCN ALL DAY</b>	<b>SCN ALL DAY</b>	<b>CLOSED INVENTORY 8AM – 5PM</b>	

**Remember, always bring your WIC EBT Card, in order to get your benefits.  
You will need to contact the WIC clinic during the last month you have benefits on your card.  
If you lose your WIC EBT Card, please call your WIC Office @ 325-692-1680**

### **How to Use your Appointment Calendar**

There are three class contact methods during COVID: Self-paced web lessons can be completed @ [texaswic.org](https://www.texaswic.org). Live web lessons requiring pre-registration can be completed also at [texaswic.org](https://www.texaswic.org). Pre-recorded cooking classes may be viewed on our Facebook page @ [Abilene-Taylor County WIC Program](https://www.facebook.com/Abilene-Taylor-County-WIC-Program). Your WIC enrollment status will determine the online class you attend. There are live online classes offered for every enrollment category. Again, you must pre-register for live discussion classes. Self-paced online classes offer enrollment specific options @ [texaswic.org](https://www.texaswic.org). Please visit [texaswic.org](https://www.texaswic.org) to complete the appropriate class for your enrollment category. To receive class credit and benefit issuance, upload your class certificate in the gateway portal, drop your WIC card off in the mailboxes located at the entrance doors, at the Public Health Building. Your card will be reloaded and mailed back to you at the address we have on file. You will receive your WIC card & shopping list in the mail with-in 1-2 business days. For questions, please call the WIC office @ (325)692-1680.

### **Screenings (SCN) during COVID**

Once a year children under 5 years of age, are required to have a screening to continue receiving WIC benefits. We will schedule your next appointment each time we load benefits (**appointments given on availability**). All screenings will be done over the phone during the COVID pandemic.

#### **What to Provide for the appointment:**

1. Proof of Identification (WIC card, social security card, shot record, birth certificate). Call the office if you have questions.
2. Proof of Address (cannot be WIC mail, personal or P.O. Box)
3. Proof of Income (within the last 30 days) or Current Medicaid Card

### **Class Description**

**Breastfeeding – A Mother’s Guide to Breastfeeding**

**Breastfeeding – The Importance of Skin-to-Skin Contact After Birth**

**INFANT- Starting solids (6-12 months)**

**INFANT – Baby Behavior (0-6 months)**

**CF – Nutrition Top Ten Discussion**

**CH – Family Meals – More Than Just Eating Together**

**GN - Grocery Shopping - ALL**

**GN - Cooking Class – WIC Family Style Café – To be viewed online.**

***COOKING CLASS - Follow us on Facebook @ [Abilene Taylor County WIC Program](https://www.facebook.com/Abilene-Taylor-County-WIC-Program)***