

04/09/2020

Nyakubahwa mushingantahe/madamu,

**Buri muntu urwaye cangwa ufite ibimenyetso bigaragara bya COVID-19 muri ibi bikurikira:**

Umuriro, inkorora, kubura umwuka, ubukonje, ibicurane, Kubabara imihogo, iseseme cangwa kuruka, kubabara mugifu cyangwa guhitwa, asabwe kuguma murugo kugeza abonye ibi bikurikira byose bigaragaye:

- (a) Kuba ntamuriro ufite mukiringo cy'amasaha 72 nta muti w'umuriro uri gukoresha;
- (b) Ibindi bimenyetso byoroheje (urugezo: Inkorora cankwa kubura umwuka byoroheje);
- (c) Nyuma y'iminsi 14 ibimenyetso bigaragaye.

Ibyo bisabwa ntibibuza ko hari uwurwaye murugo mushobobora kuva murugo mugyiye kwamuganga . Musabwe kubanza gusahamagara umuganga wanyu imbere yo kujya kumureba kugyirango ababwire uko mugomba kubikora kugyira ngo muronke ubufasha.

**Niba hari umuntu murugo bapimye bagasanga afite umugera wa COVID-19**

- 1 Abantu bose bo munzu babwirizwa kuguma murugo.
- 2 Ntushobora gusura abashuti, abaturanyi cyagwa ngujye kurusengero
- 3 Abantu bose bo munzu ntibashobora gufata ingendo, kujya kukazi, kumashuli canke kuyindi mirimo kugeza muhawe uruhusha rwogusohoka nabashinzwe amagara y'abantu.
- 4 Musabwe kubanza guhamagara umuganga wanyu imbere yo kujya kumureba kugyirango ababwire uko mugomba kubikora kugyira ngo muronke ubufasha.
- 5 Karaba intoke n'amazi n'isabuni mumwanya wamasegonda makumiyabiri inshuro nyinshi zishoboka cangwa ukoreshe sanitayiza y'intonke.
- 6 Niba urwaye umugera wa CORONA cangwa ufite uburwayi bukabije, uri mu bantu bashobora kwandura indwara cangwa kwandura abandi byoroshe. Ugomba kwirinda no kurinda abandi kwandura COVID19 mukuguma murugo kugira ngo ugabanye ikwirakwizwa rya coronavirus.
- 7 Guma murugo burigihe babigutegetse.

Abantu bose bo mu muji wa Abilene basabwe kuguma murugo, kiretse abajya **kumirimo ihambaye**. Imirimo ihambaye isobanura:

- Ushyobora kujya mu kazi mugihe utabwiwe kuguma murugo.
- Gushyaka ubufasha bwuburwayi, guhaha ibiryo, gushyaka uburaro cangwa imyenda, ibintu byose bikenewe kumibereho myiza yawe n'iyumuryango wawe.
- Kujya gushyaka akazi cyangwa amafaranga mugihe bishoboka ntacyangiritse.

**Gerageza kwirinda kwegerana nabandi. Bisobanura:**

- Gusiga nibura intambwe esheshatu hagati yawe nundi muntu, kurinda kuramukanya muguhana amaboko canke guhoberana nabandi bantu.
- Irinde gukoranira mukibanza kimwe muri benshi, korera imuhira mugihe bishoboka,
- Unguruzwa cangwa muhagarike inama zari zitegekanijwe.

**Turabasabye mwirinde kwegerana, mugume murugo bisubiye mukarabe intoke inshuro nyishi mubikorane ishyaka. Turategera kokino ari igihe kigoye. Turizera ko mukora ibishoboka byose kugyira ngo duhagarike ikwirakwiza ry'ubwandu bwa coronavirusi.**

**Murakoze!**